



## CREATE YOUR OWN

Salad 7.79/ Wrap 6.79

**1 Choose Your Fresh Greens**  
Choose from a selection of local and organic greens

**2 Add Ingredients (up to 4)**  
Check out our seasonal toppings

- |                 |                   |
|-----------------|-------------------|
| Fresh Beets     | Candied Almonds   |
| Broccoli        | Dried Cranberries |
| Carrots         | Quinoa            |
| Grape Tomatoes  | Sunflower Seeds   |
| Chickpeas       | Toasted Walnuts   |
| Sweet Corn      | Herbed Croutons   |
| Cucumbers       | Tortilla Chips    |
| Red Onions      | Chow Mein Noodles |
| Kalamata Olives |                   |
| Hard-Boiled Egg |                   |
| Edamame         |                   |
| Black Beans     |                   |
| Green Peppers   |                   |

**Local Wisconsin Cheese**  
Feta  
Bleu Cheese  
Shredded Parmesan  
Shredded Cheddar

50¢ each additional

**3 Add Premium Toppings** 1.50 each  
Grilled Antibiotic-Free Chicken • Albacore Tuna  
Marinated Tofu • Crumbled Bacon • Avocado

**4 Dress It Up!**

|                             |     |
|-----------------------------|-----|
| Greek Goddess               | 110 |
| Buttermilk Ranch            | 190 |
| Chipotle-Lime Ranch         | 190 |
| Creamy Balsamic Vinaigrette | 180 |
| Caesar                      | 210 |

**Vegan Options**

|                           |     |
|---------------------------|-----|
| Orange Poppy Seed         | 160 |
| Roasted Peanut Ginger     | 220 |
| Mediterranean Vinaigrette | 140 |
| Champagne Vinaigrette     | 180 |
| Pomegranate Vinaigrette   | 120 |
| Organic Olive Oil         | 250 |
| Balsamic Vinegar          | 30  |
| Fresh Lime Squeeze        | 5   |
| Fresh Lemon Squeeze       | 0   |



## SALADS OR WRAPS

**Sante Fe** 510/580 Cal

Grape tomatoes, sweet corn, black beans, tortilla chips, Wisconsin cheddar cheese & chipotle-lime ranch dressing

Salad Wrap  
8.29/7.29

**Kriti** 360/430 Cal

Kalamata olives, grape tomatoes, red onions, chickpeas, Wisconsin feta cheese & Greek goddess dressing

8.29/7.29

**Asian** 480/550 Cal

Grilled antibiotic-free chicken, chow mein noodles, cucumbers, carrots, edamame & roasted peanut ginger dressing

9.29/8.29

**Caesar** 420/490 Cal

Herbed croutons, Wisconsin parmesan cheese & caesar dressing

7.79/6.79

**Market Cobb** 560/630 Cal

Hard-boiled egg, crumbled bacon, grape tomatoes, avocado, Wisconsin bleu cheese & champagne vinaigrette dressing

10.79/9.79

## JUICE BAR

Freshly squeezed juice with wholesome fruits & veggies  
Made to order. No sugar or ice added!

5.49

**Green Power** ENERGY

Apple juice with blended greens & pineapple 150 Cal

**Strawberry Bliss** BUZZ

Orange juice with blended strawberries & banana 170 Cal

**Life Glow** IMMUNE

Orange & carrot juice with blended banana & pineapple 180 Cal

**Dr. Roots** DETOX

Beet, carrot, apple, ginger & lemon juice 150 Cal

Fresh squeezed juices are not pasteurized and, therefore, may contain harmful bacteria that can cause serious illness in children, the elderly, and persons with weakened immune systems.

LETTUCE  
Make You  
HAPPY

We are committed to providing a healthy and tasty made-to-order dining experience for people on the go.

262-505-6030  
ieatgrassroots.com

Brookfield Square Mall • 95 N Moorland Rd, Brookfield, WI 53005

Produce subject to change based on seasonality and availability - Prices subject to change without notice